## RISING+ ABOVE

Nick & Vivian Helliwell Newsletter JANUARY 2023 First Peoples Helping First Peoples Bringing Gods Healing to Our Land

### **Regina Discipleship Project**

Baptism is only the beginning of the Discipleship Journey! All of our ministry activities are motivated by a desire to see new believers grow in their Christian faith to become all that God has created them to be.

Working in North Central Regina is our joy and privilege to see people being set free from a life of addictions, homelessness, to emerge into a life of productivity and participation.

But this is a journey, not an instant nor easy transformation. One of my favorite sayings these days is that people bring with them, a lot of questions, baggage and garbage. Questions arising from what they have learned or come to believe about themselves, life, God and so forth. Baggage comes from the former life; what they have lived through, their life experiences. Garbage is the things that they hold on to with the false belief that those things will continue to bring relief. What I have discovered is that we cannot answer the questions - not the really BIG, LIFE questions that people have. It is not our role to help people carry their baggage. We cannot make people get rid of their garbage. For all these things, only God can lovingly, bring soulsatisfying relief.

Our role as disciples is simply to share our story. To tell the good things that God has done for us. To share what God has taught us about our questions, baggage and garbage.



As we do, we are privileged to see the transforming work of Jesus Christ in the lives of the addicts, the homeless, the sinners and the lost, discover who God created them to be.

In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace,

Ephesians 1:7

## **Our Ministry**

Gentle Road Church of Christ leadership team

G.R. Highschool Youth Pastor

Brothers In the Hood Men's Discipleship group

> Westhill Park Baptist Church Outreach

Outreach to the Homeless

Music Ministry

The greatest expression of who you are is not what you, nor anyone else thinks of you,

Rather, the greatest expression of who you truly are, is who God created you to be.

### REGINA DISCIPLESHIP PROJECT

#### Nick & Vivian Helliwell - Family Matters

l often get asked, "How many people live with you now?" Aside from Vivian and myself, our daughter Amanda and her son Joshua live with us. Murray and two of his sons, Aiden and Josiah also live with us. Our kids have grown up watching us as we minister to the destitute and homeless, opening up our home to others time after time.

Whether for a night, week or whatever it might take to help them get on their feet.

Our kids have come to understand the phrase, "being Jesus with skin on" and how incarnational ministry can make such a difference in someone's life.



Vivian and Nicole W. join Nick in leading worship at Gentle Road Church

#### Serving the community at Gentle Road Chuch

Gentle Road Church of Christ was founded in 2012 by Kevin and Lisa Vance. It is currently located in an old Anglican church at 1265 Garnet St, which is a local landmark in the middle of North Central community. It seems everyone we connect with knows that old yellow church on 7th and Garnet! Which makes it a perfect connecting point for our ministry.

We have gone through many challenges and changes. We have endured the passing of many family members. Yet, our Heavenly Father has been with us through it all.

As we move into 2023, we are excited to see what the Lord has in store for us as we continue to praise Him.

For all He has done, we worship him and continue look to him to supply all our needs according to His riches in Glory!

With Love in Christ, Upon Whom All Our Hope is Set

pick & Vivian Helliwell

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